Student Takes Responsibility, Improves Reading Skills & Finds Focus at Options

Classes - Whole Brain Body Integration

Peter hated first grade and had trouble making friends, according to his mom, Kathy. He was getting A's and B's, but he just wasn't interested in reading, participating in class, socializing with others, or even playing ball with the other kids.

Kathy, familiar with the alternative methods of teaching at Options, had Peter tested for brain dominance and learning patterns to determine what was holding him back from getting the best from his education. She says the Whole Brain Body Integration, is "perfect" for Peter, because it "works on a lot of emotional issues."

The class is designed to help the student integrate the brain and body, so they are working in unison. Part of it involves Brain Gym®, exercises which help integrate the parts of the brain. Kathy and his reading teacher have noticed more willingness to talk on a social level and initiate playing ball with family and friends, instead of having to be coaxed into doing it. Peter does the exercises on his own and is showing a love of reading, looking forward to trips to the book store to purchase more books to read.

"He sees the value in reading," Kathy says, and "is just a happy kid now."

If you would like to communicate with Options, please feel free to email - options@mtco.com.

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