

Area Student Learns Cool Moves to Improve his Concentration & Comprehension!!

V.3 Visual Processing – Visualization/Comprehension

Matt, 13, was having trouble with comprehension. Although he did well in math, he had trouble in reading and spelling at school.

"He had trouble paying attention," his mother explained. "His report card was awful."

JoAnn enrolled Matt in classes at Options Center for Health & Education because her daughter had improved her learning skills in classes there.

"His last report card had been filled with all D's and F's," said JoAnn. "His first report card after taking classes at Options was 1 D. The rest were all B's and C's. It really has brought everything up."

Matt used to bring lots of homework home because he simply couldn't concentrate enough to get it done in class, according to his mom, JoAnn. Now he brings home less work from school because he can block out noise in the classroom and do it in school.



Matt took Whole Brain/Body Integration class first, then Thinking Skills. The first class had a set of exercises Matt was to do at home three times a day for a half hour each time. Matt cooperated fully with the program.

"He wanted to do them," said JoAnn. "He wanted to get better, so he took it on himself."



Matt is also a basketball player and does some of the exercises learned in Thinking Skills before the games. "It helps me play basketball better," said Matt. He enjoys classes at Options. "It's fun, and it helps me in school. It helps me concentrate."

If you would like to communicate with Options, please feel free to email us at options@mtco.com.

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